

Resources

To support the **TRAINEE**

NATIONAL INSTITUTES OF HEALTH



OITE

301-496-2427

training.nih.gov, oite-wellness@nih.gov



Career Services | Educational Counseling & Advising

Office of
Intramural
Training &
Education

- Graduate and professional school advising
- Career exploration and advising
- Interpersonal skills development
- Wellness workshops and advising
- Cultural adaptation to USA
- Strategies to improve mentor/mentee relationships

EAP

301-496-3164

ors.od.nih.gov/sr/dohs/EAP



Mental Health Professionals | Confidential | Voluntary

Employee
Assistance
Program

- Short-term Counseling
- Crisis Intervention
- Community Resources & Referral
- Phone and face-to-face consultations

Civil

301-402-4845

<https://civilworkplace.nih.gov>

Anti-Harassment Hotline 833-224-3829



Response Team | Coordinators | Anonymous Reports

NIH
Human
Resources

- Resources for concerns of all forms of harassment, inappropriate, uncivil, or other disruptive behavior impacting the workplace

Ombudsman

301-594-7231

ombudsman.nih.gov



Consultation | Coaching | Facilitation

Center for
Cooperative
Resolution

- Neutral, confidential, independent resource
- Coaching, individual and team problem-solving
- Conflict resolution of personal and interpersonal issues
- Identify work-related systems problems

OMS

301-496-4411

301-496-1211 (after hours)

<https://go.usa.gov/xnhG3>



Occupational
Medical
Service

Medical Emergencies | CC Bldg 10, OP6

- **24/7:** Evaluations for abrupt behavior change, substance abuse, injury, illness

Emergencies



Police 24/7, Law Enforcement

Main Bethesda Campus Call NIH Police

911 landline, 301-496-9911 mobile

Non-emergency, 301-496-5685

All other NIH facilities

Call Local Police

9-911 landline, 911 mobile