

Resources

To Support the Supervisor and the Distressed Trainee

NATIONAL INSTITUTES OF HEALTH NIH

OITE

301-496-2427 training.nih.gov, oite-wellness@nih.gov



- o Career Services
- o Educational Advising
- o Wellness Consults
- o Resilience Training

SUPERVISOR SUPPORT

Consultation and training to support quality mentorship and resolve workplace issues

TRAINEE SUPPORT

Graduate/professional school advising, career exploration, wellness programs, interpersonal skills development, cultural adaptation, mentor/mentee relationships

Office of
Intramural
Training &
Education

EAP

301-496-3164* ors.od.nih.gov/sr/dohs/EAP



- o Mental Health Professionals
- o Confidential
- o Voluntary

SUPERVISOR SUPPORT

Supervisory consultation, crisis intervention, assistance referring trainees to EAP

TRAINEE SUPPORT

Short-term counseling, crisis intervention, community resources & referral

*Phone and face-to-face consultations

Civil

301-402-4845 <https://civilworkplace.nih.gov>
Anti-Harassment Hotline 833-224-3829



- o NIH Human Resources
- o Anonymous Reports

SUPERVISOR SUPPORT

Consultation to mitigate workplace difficulties, including all forms of harassment, inappropriate, uncivil, and other disruptive behavior

TRAINEE SUPPORT

Resource for all forms of harassment, inappropriate, uncivil, and other disruptive behavior impacting the workplace

Civil
Program

Ombudsman

301-594-7231 ombudsman.nih.gov



- o Consultation
- o Coaching
- o Facilitation

SUPERVISOR SUPPORT

Coaching and conflict resolution design, implementation and training, confidential discussion of personal and interpersonal issues, identify work-related problems, policy and procedures concerns

TRAINEE SUPPORT

Neutral, confidential, independent resource, coaching, problem-solving, resources and strategies

Center for
Cooperative
Resolution

OMS 301-496-4411



Occupational Medical Service

<https://go.usa.gov/xnhG3>, 301-496-1211 (after hours)

24/7, Medical Emergencies, CCBldg 10, OP6

Evaluations for abrupt behavior change, substance abuse, injury, illness

Police



24/7, Emergency Law Enforcement

NIH Police Main Bethesda Campus
911 landline, 301-496-9911 mobile
Non-emergency, 301-496-5685

Local Police All other NIH facilities
9-911 landline, 911 mobile